

## 5/21/2015 WCT Medical Incident

A WCT (Work Capacity Test) was planned and administered on Cascade RD on 5/21/2015 @ 09:00. All Participants were briefed over the information below.

- A) Job Hazard Analysis for Work Capacity Test. All individuals taking WCT signed and dated JHA.
- B) Discussed Medical Plan. Let participants know the EMT and they will have a Trauma kit, Backboard, Oxygen and AED on site.
- C) Discussed course monitors locations and radio frequencies used.
- D) Discussed course conditions, location, etc.
- E) The EMT called dispatch and let them know that we were going to administer WCT.
- F) Collected approval letters and had participants fill out *Employees Work Capacity Record*.

After briefing all course monitors, administrator, EMT and participants drove to WCT location. The location was at Fischer Park Pond Park. The course is along a paved trail that is adjacent to the Payette River. Once all participants arrived, they were given the opportunity to do a 10 minute warm up. The WCT administrator took weather (results of 52 degrees and 50 percent humidity), which on the heat stress index is low. Also, at this time the AED, Trauma Kit, Oxygen, were placed at the starting point. Once participants were done warming up, they put their pack vests on and positioned themselves at the starting point. The WCT administrator checked with the course monitors to make sure they were in place and they confirmed they were ready. At approximately 09:45 the WCT began. Course monitors checked in with the WCT administrator as participants passed their spots at the ¼ mile and ½ mile. At approximately 10:10 employee was approximately 50 yards from the start point/turn around on his second lap. Another employee passed him and noticed he was having a hard time. He turned around and made sure The WCT administrator and EMT noticed that the employee was struggling. The EMT ran to the employee and took his pack test vest off and made a quick assessment that the employee needed help. The EMT loaded the employee into his work truck and took him to the local Cascade ER. Approximate travel time from pack test site to Cascade Medical Clinic Emergency Room was 3 minutes. (The total approximate time between seeing the employee struggling and arriving at Cascade Medical Clinic Emergency Room was 5 minutes). The WCT administrator then called Division 4 FMO to let him know that the employee wasn't feeling well and that the EMT was taking him to the Cascade Medical Clinic Emergency Room. The ER medical staff assured the employee that it wasn't a heart any issues and transferred the employee to Boise for further evaluation. Upon further evaluation at the Boise hospital, it was determined that the employee had suffered a heart attack, and remained hospitalized for further medical determination and evaluations.